RULE OF LIFE* _ Daily Office ___ Daily Personal Prayer Time Holy Communion ____ Altar Visit Examination of Conscience Spiritual Direction Reconciliation of a Penitent Bible Reading and Other Study **Group Reunion Meeting Time: Ultreya Meeting Time:** * Consult your Spiritual Director about your practices of Piety, Study and Action **RULE OF LIFE*** Daily Office _ Daily Personal Prayer Time **Holy Communion**

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Examination of Conscience

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Altar Visit

Spiritual Direction

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Ultreya Meeting Time:

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ORDER OF REUNION

"Where two or three meet in my name, I shall be there with them." Mt. 18:20

Prayers for the gift of the Holy Spirit:

Come Holy Spirit, fill the hearts of Your faithful and kindle in us the fire of Your love. Send forth Your Spirit and we shall be created, and You shall renew the face of the earth.

O God, who by the light of the Holy Spirit did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy Your consolations; through Jesus Christ our Lord. Amen.

The Lord's Prayer

Other devotions as the group may desire

PIETY

"Without Me you can do nothing." Jn. 15:5

- 1. Have I maintained my commitments in my Rule of Life?
- 2. With what other spiritual aids have I nourished my vital union with Christ this week?
- 3. What was the moment in which I felt closest to Christ?

STUDY

"Thy word is a lamp to my feet. . ." Ps. 119:105

4. What have I studied that has increased my understanding of my relationship with God and His Creation?

ACTION

"I will make you fishers of men." Mt. 4:19

- 5. If I have had a specific plan for attempting to witness for or serve the Lord in some particular area, what successes or disappointments have I experienced through this plan?
- 6. What unexpected opportunity to witness has the Lord offered to me?
- 7. What are my plans for the coming week?
- 8. Consider group plans.

CLOSING DEVOTIONS

Prayers and thanksgivings for concerns of the group members.

Closing Prayer:

We give you thanks, Almighty God, for all the benefits You have given us. You who live and weigh forever and ever. Amen.

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